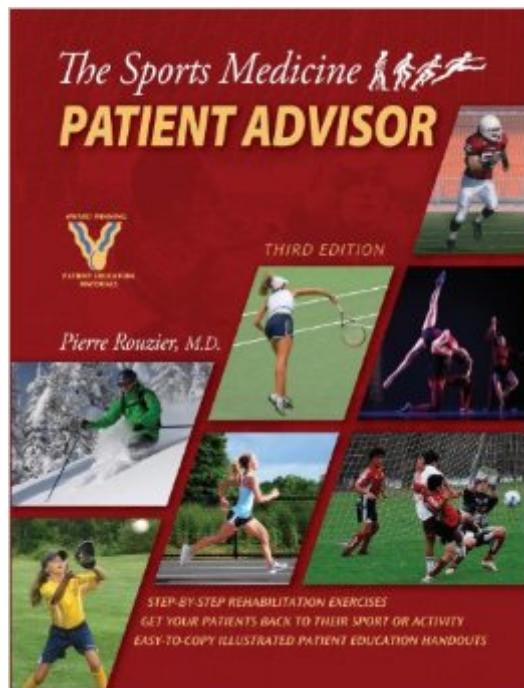


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# The Sports Medicine Patient Advisor, Third Edition



## **Synopsis**

Book by Pierre A. Rouzier

## **Book Information**

Paperback: 366 pages

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## **Customer Reviews**

This book should be a standard text book at any family physician's office. I had the previous edition and loved it...as did my colleagues and patients. The book uses lay term descriptions of the different sports medicine related diagnoses along with nice illustrations of the joints and surrounding muscles. To assist in the recovery process Dr. Rouzier added simple and clear illustrations of different exercises and injured patient can do at home for a wide variety of injuries. This edition covers a wider spectrum of injuries, is in color and very easy to navigate through. I just got it this week and I'm very excited to use it with my patients. This book is on my favorites list! My advise is to make photo copies of the desired diagnoses and give that copy to your patient...your patients will appreciate it!

Love this book. It is the best book for creating handouts for patients and athletes. Great for all family medicine, sports medicine docs, physical therapists and for any athletic trainer instructing people on injury rehabilitation.

I'm an Army FP currently stationed at Ft. Belvoir and I use this book to copy handouts for pt's nearly every day in clinic. It's an invaluable resource and time saver.

I love the book and the content, but MAN is it difficult to use as a paperback book. I literally had to disassemble it by hand, put each page in a page protector, and then in a large binder. It would be so wonderful if they could bind this book with a spiral binding to make making copies for patients easier. I use the articles in the book every day to help my patients with injuries. It's very helpful and accurate.

I'm a nurse and find this book great for myself and patients. The explanations are clear and easy to understand. Included is a description of each problem, what causes it, what are the symptoms, how it's diagnosed, how it's treated, prevention suggestions and rehab exercises with photos. We use it daily. It is so useful I purchased one for home.

This is an incredible reference and great patient education. I call it my "Physical Therapy 101" for patients. Each condition is defined in the same format. Easy to understand and follow and very accurate information.

This book is a great book to use with patients! It gives mechanisms and quick home exercise. It reinforces the diagnosis, and gives your patient something other than verbal instructions to take home for later. I recommend having the binding cut and spiraled at staples or something in order to make copies for handouts easier.

I have a mixed family practice and sports med practice. I used the previous version for years and love the updates here. The pictures are now in color and more detailed. Each condition has appropriate exercises and good info regarding the pathophysiology of the condition and return to play criteria. I copy these for nearly every musculoskeletal condition I see. Truly a must have.

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